

Serving Opportunities

As we begin the 40 days of Lent, we enter a time of self-examination and reflection. The 40 days represent the time that Jesus spent in the wilderness preparing for ministry. Lent is a time of repentance, fasting, and preparation for the coming of Easter. So often, people chose to give something up to better focus on their relationship with God. This year, I challenge you to prayerfully consider how you might sacrifice by serving in an additional way. Christ bore everything for us that we might have life, so how might you serve so others can experience the transformative power of Easter? Pastor Molly is happy to be in conversation with you as you discern how God is calling you to use your gifts in new ways.

Sunday Worship

- Greeter
- Usher
- Reader Choir
- Money Counter
- Communion
- Visitor Follow Up
- Member Follow Up

COGS Opportunities

- VBS
- Bereavement Meals
- Fellowship Luncheons
- Chili Cook-Off
- Christmas Dinner
- Call Shut-Ins
- Office Work
- Children's Packets

Community Opportunities

- Arlington Urban Ministry Mobile Food Pantry
- Serve Communion in Nursing Home
- St. Mark's Soup Kitchen

These are only a few of the ways you can get involved to put your faith in action over the next year. See you serving soon!

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- Lent Worship Series
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- 2018-2019 Sermon Ideas

Ash Wednesday Worship

2 PM—COGS
7 PM—FUMC
Arlington

Spiritual Practices for Lent Calendar

We are exploring and practicing the disciplines that Christ used in his own life. If you'd like a calendar to enhance your devotion life this season: pick one up any Sunday, call the church office, or visit the church Facebook Page.

(re)claiming faith

SPIRITUAL PRACTICES FOR GROWTH

9:15 AM Sunday School

10:30 AM Worship

(re)claiming faith

February 14: Body| **Genesis 2: 7-9, 20-23**

February 18: Hospitality| **Hebrews 13:1-3**

February 25: Food| **Acts 10: 9 –15**

March 4: Sabbath| **Deuteronomy 5: 12-15**

Mark 2: 27-28

March 11: Prayer| **Matthew 6: 7-14**

March 18: Fasting| **Matthew 6:16-21**

Holy Week

March 25: Palm Sunday

March 29: Maundy Thursday

March 30: Good Friday

April 1: Easter| **John 20: 1-18**

Staff Changes

On Sunday, January 28 we celebrated Sharon Chaney-Bovee who decided to move on after 10 years of ministry to our church.

We welcome Sandra Perdue as our Interim Music Coordinator. She looks forward to serving and invites everyone to join the choir—Practice is 7 PM on Wednesdays.

**Average Presence in
Worship for January:**

68

**Total Offerings in
January:**

\$19,536

Note: Pastor Molly will be in the Holy Lands from February 27—March 10.

Please contact the church office with any pastoral concerns.

Upcoming Events

7th: **AUM Food Pantry**
8:30 AM

9th—10th : **Girls United!**
5 PM

11th: **Fellowship Lunch
(Meatloaf)**
11:30 AM

12th: **Threadbenders**
7 PM

13th: **UMW Meeting**
9:30 AM
Trustees Meeting
4 PM
Pancake Supper
5 PM

14th: **Ash Wednesday**
2 PM (COGS)
7 PM (FUMC Arlington)

17th: **UMM Meeting**
9 AM

26th: **Threadbenders**
7 PM

Pastor's Bible Study:
What's Your Story?
Wednesdays at 1 PM

***February 7 only February
Bible Study***

Lunch Bunch

2/7: David's BBQ
2/14: Connie's Cafe
2/21: UMW — Beans
2/28: Spaghetti Warehouse

Community Garden

Our community garden now has running water! There are at least four gardens available from now into spring. If you're interested in a cold weather garden, you can start now! Several cold hardy plants are available at local nurseries and fresh greens are so tasty! Now is also a good time to plan for spring, especially if you want to start plants from seeds. Join in the fun and if you have questions, contact Dora Loughan.



Chair Yoga

Trouble walking? Feeling stiff? Want to connect with your body or other people? Join us for a FREE class beginning on Wednesdays at 10 AM in the Fellowship Hall. Chair yoga improves strength, flexibility, mobility, stress, and pain management.



Wanted: Choir Members

The choir is looking for more members! No experience is necessary, just a willingness to sing and help lead the congregation in worship. Do you know someone who likes singing? Invite them to join on Wednesday nights at 7 PM. Contact Sandy Perdue for information or with questions!

Choir will be Thursday, Feb. 8 and no choir will be on Feb. 14

Save the Date: April 22

Girls United! 10th anniversary is this year. Please invite all former participants to join us for a celebration.

February 9 —10

Be in prayer for the girls and the leaders this weekend.



2018 Sermon Ideas

The week following Easter, Pastor Molly will spend time in prayer and preparation for the next year of worship planning. She needs your help! In worship soon, you'll receive a questionnaire but think about the following:

- What sermon or series can she preach that makes you want to invite someone you know?
- What questions do you have to help you grow in your faith or better understand theology?
- What personal issues would you like addressed from the pulpit? (i.e. divorce, anger, depression, etc.)

The only way our church will grow is if we are thinking of who is not here, so spend some time considering what others might need to hear so we can be the church God is calling us to be for years to come.

Making disciples of Jesus Christ for the transformation of the world.

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Arlington Charities
Item of the Month:

Tuna

PLACE
STAMP
HERE